



# DAY OF ACTION JUNE 17, 2026

CITY OF CALUMET

SCAN QR CODE FOR DETAILS →



## DAY OF ACTION IS COMING TO YOUR NEIGHBORHOOD

Come together with your neighbors to strengthen our community.

Each summer, **United Way of 1000 Lakes** partners with local communities to complete hands-on projects that improve homes, neighborhoods, and shared spaces. This year, your area has been selected in partnership with the **City of Calumet**, **Habitat for Humanity**, and **Community and Economic Development Associates (CEDA)**.

Volunteers are essential to making this day possible. Individuals, families, coworkers, and community groups are encouraged to lend a hand. All skill levels are welcome, and project supplies will be provided.

Residents, businesses, and local groups interested in getting involved can register to volunteer at [volunteer.uwlakes.org](http://volunteer.uwlakes.org).

**TO LEARN MORE OR SIGN UP TO VOLUNTEER, VISIT  
[UWLAKES.ORG/DAY-OF-ACTION](http://UWLAKES.ORG/DAY-OF-ACTION).**

## COULD YOU USE A HAND?

Could you use assistance with landscaping, accessibility modifications, window washing, painting, or minor home repairs? Residents and local businesses may request help or nominate a recipient for a volunteer-led project by scanning the QR code below.

### Projects may include:

- Gardening and landscaping
- Tree and shrub trimming
- Mowing and raking
- Garbage and recycling clean-up
- Vehicle removal (non-operational vehicles)
- Gutter cleaning
- Window washing
- Staining and painting
- Minor house or deck repairs
- Garage maintenance
- Accessibility modifications (ramps, railings, etc.)
- Other small exterior improvement projects \_\_\_\_\_

IN PARTNERSHIP WITH



SCAN QR CODE TO REQUEST A PROJECT OR NOMINATE A RECIPIENT

# COMMUNITY RESOURCES



## Cars for Homes

**Itasca County Habitat for Humanity** accepts vehicle donations—cars, motorcycles, boats, RVs, and more—at no cost to the donor. Donated vehicles are picked up, sold, and the proceeds are used to help local families achieve homeownership.

To learn more or schedule a pickup, visit [itscahabitat.org](https://www.itscahabitat.org) or call 218-999-9001.

## Energy Assistance Program

**Kootasca Community Action** provides financial support to help eligible households pay a portion of their energy and heating bills. The program aims to reduce energy burdens and keep homes safe and warm throughout the year.

Visit [kootasca.org/programs](https://www.kootasca.org/programs) or call 218-283-9491 to learn more.

## Free Healthcare Services

**Project Care Free Clinic** provides basic healthcare services to people who are uninsured and underinsured on Tuesdays from 5:30-7:30 p.m. in Grand Rapids.

To schedule an appointment, call 218-326-7008 or visit [projectcarefreeclinic.org](https://www.projectcarefreeclinic.org).

## Home and Yard Maintenance

Day of Action is a community-wide volunteer event led by **United Way of 1000 Lakes**, aimed at helping local residents and small businesses complete outdoor projects that enhance safety, comfort, and curb appeal. From light repairs and painting to landscaping and general cleanup, Day of Action brings together volunteers to lend a hand to those within our project area who could use a boost.

Request assistance by calling 218-999-7570, visiting [uwlakes.org/day-of-action](https://www.uwlakes.org/day-of-action) and click 'Get Help' tab, or scanning the code to learn more, submit a project request, or nominate a neighbor in need.



## Home Preservation

**Itasca County Habitat for Humanity** supports homeowners through its Home Preservation program, which provides assistance with minor repairs and maintenance. Projects may include painting, landscaping, or other exterior and interior updates, and often involve low- or no-interest loans and contributions from the homeowner.

For more information or to apply, visit [itscahabitat.org](https://www.itscahabitat.org) or call 218-999-9001.

## Information and Referral

**First Call 211** helpline offers free, confidential access to health and human service resources across Minnesota. Specialists are available 24 hours a day, 7 days a week, to assist with housing, food, mental health support, and more.

Dial 2-1-1 from any phone or visit [firstcall211.net](https://www.firstcall211.net).

## Resources for Older Adults

**ElderCircle** offers a variety of services that support older adults in maintaining independence and connection. Services include grocery and pharmacy delivery, virtual companionship, technology support, and help navigating local resources.

To request services or learn more, visit [eldercircle.org](https://www.eldercircle.org) or call 218-999-9233.

## Suicide and Crisis Lifeline

If you or someone you know is experiencing emotional distress or a mental health crisis, support is available. The **988 Suicide and Crisis Lifeline** provides free, confidential help 24/7 through a partnership with First Call.

Call 988 (or 1-800-273-8255) or visit [988lifeline.org](https://www.988lifeline.org) to speak with someone today.

## Transportation Programs

**Arrowhead Transit** provides dependable public transportation across 10 counties in Northeastern Minnesota. Services include local bus rides and a Volunteer Driver program for medical appointments. To schedule a ride in Itasca County, call 1-800-862-0175 (option 4) or visit [arrowheadtransit.com](https://www.arrowheadtransit.com).

**goMARTI** (Minnesota's Autonomous Rural Transit Initiative) offers free, on-demand shuttle rides in Grand Rapids, with expansion planned for Cohasset and Deer River in late 2025. To book a ride, download the May Mobility app or dial 2-1-1. For inquiries or feedback, email [hello@gomarti.com](mailto:hello@gomarti.com).

## Volunteer Opportunities

**United Way of 1000 Lakes** offers a digital platform that connects community members with volunteer opportunities across the region. Whether you have an hour or a day to give, there are meaningful ways to support local nonprofits and causes.

To explore opportunities or sign up, visit [volunteer.uwlakes.org](https://www.volunteer.uwlakes.org) or call 218-999-7570.